

Skills Sprint Day 5

How to lead your own learning by sharing it

Learn Like
a Lobster
Squiggly Careers
Skills Sprint

Sharing is a secret source of learning that most people miss out on.

Real learning doesn't just happen in our heads - it happens when we try to explain what we know.

Why does it matter?



When you share what you're learning, it lasts longer.



You notice gaps, make sense of what you know.



And help other people grow at the same time.

Create a Helpful How-To



Pick something you know how to do, at work or outside of it. It could be:

-  a process you've figured out
-  a fun skill you've been practising
-  a shortcut, habit, or tip that's helped you

Then create a Helpful How-To (a short explanation that would help someone else learn fast) and share it with your team so the learning lasts.

Practice with AI



If you're stuck, talk your Helpful How-to through with AI. Explaining your idea helps you clarify what you know, spot gaps, and shape something useful for others. Copy and paste this prompt:

I want to create a Helpful How-To about [topic]. Ask me questions to help clarify my thinking, then help me turn it into a short, practical explanation someone else could use.

24 hour action

Share your Helpful How-to with the Sprint Community on LinkedIn and tag us in the post (@amazingif). We want to learn from you too.